

GUATEMALA

Occupational Science in Guatemala

OTR 699 (1 Credit)

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Tentative Travel Dates: March 15-23, 2025

Estimated Travel Fee: \$3,200

DAY 1 | Depart U.S.

Depart Boston/Portland to Guatemala City.
Spend the evening in Guatemala City.

DAY 2 | Santiago Atitlan

AM Travel by van (3.5 hours) to Lake Atitlan.
PM Guided cultural tour and shaman ceremony.

DAY 3 | Santiago Atitlan

Learn how to barter at the local street market.
Take a hike in the Guatemala highlands.

DAY 4 | Santiago Atitlan

Spend the day visiting local organizations providing
healthcare services and serving older people and
people with disabilities.

DAY 5 | Antigua

Spend the day with *Sharing the Dream* visiting the
homes of local elders. Late afternoon van to Antigua.

DAY 6 | Antigua

Work with local therapists and assist with
wheelchair and prosthetics distribution.

Sample Itinerary

DAY 7 | Antigua

Visit local rehabilitation facilities and NGOs.

DAY 8 | Antigua

Work with the therapists at a local pediatric clinic.
Watch the national wheelchair basketball team
practice.

DAY 9 | Antigua

AM Tour a local coffee farm and learn how coffee is
produced.

PM Take a chocolate making class.
Shop with the locals at the outdoor market.

DAY 10 | Return to the U.S.

AM Van from Antigua to airport.
Return to Boston/Portland.

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INNOVATION FOR A HEALTHIER PLANET